

Serving the Royal Borough

# Kensington & Chelsea Times

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GEALES Launch: Centre Pages



“London’s favourite neighbourhood fish restaurant opens in Chelsea Green”

## HALLOWEEN

Through deathly dusk, criss cross,  
The leather winged bats do fly,  
Neath clouds of charcoal chariots,  
Mad messengers of the sky.

Galloping ominous and foreboding,  
Most determined in their plight  
To withdraw the nights cold curtain,  
And make free the eerie light.

That surrounds with sinister aura,  
The beaming morbid might,  
Of a malevolent mystic marauder,  
Crooked crescent, maestro of the night.

His monstrous minions await his bidding,  
They are numerous and diverse,  
Escaped from eternal banishment,  
To a darker universe.

They adopt the form of witches,  
Satanic spectres, ghastly ghouls,  
To fest upon innocence and purity,  
With a penchant for younger souls.

At the altars of ruined abbeys,  
And circles of standing stones,  
Covens gather, around their cauldrons,  
Dark hooded, hook-nosed crones.

Assisted by horrid hobgoblins,  
That they send abroad for bones,  
Their sentinels are satyrs  
Complete with hooves and horns.

They haggle over various concoctions,  
Poison potions of pure dread,  
That are cast upon the gravestones,  
To invoke lost spirits of the dead.

Ubiquitous is their work!  
Damnation is their spell!  
Marshalling soldiers, for demon masters,  
Beyond the gates of hell.

On all hallows eve, prepare a talisman,  
One thing they simply can't abide,  
**A hollowed out pumpkin,  
With a candle, lit inside.**

John Armstrong



masthead and front cover design: epps ransom associates 020 7228 8858



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**Jemma Allett**  
Photography

07970 738 910  
www.jemmaallett.com



## The English Gardening School moves home to Chelsea Wharf

By Marian Maitland



Anthony Noel, Rosemary Alexander and Heather Oxley

How dismal the warehouses along the banks of the Thames must have been in Victorian times. They were probably damp, dingy, dark and satanic, like the mills described by the poet, Blake, which were immortalised in Parry's hymn.

Now, however, many have been transformed by brilliant modern architects and interior designers, yet the character and originality are preserved. And it is within these new landscapes, in Chelsea Wharf, that the English Gardening School, previously situated alongside Chelsea's Physic Garden, has chosen to make its new home.

Rosemary Alexander, who founded the School in 1983, has transformed the interior. The reception area has constantly changing lights and the students' area has a shocking pink wall enhanced with more light from the huge windows. Unplastered brick walls are evocative of the old building with a New York Loft meets Le Caprice appeal.

The opening ceremony at the School was well attended with celebrities and graduates of the School past and present including Anthony Noel, now a highly successful a professional garden designer, who trained there and expressed much gratitude for the Garden's support.

The school offers a wide range of professional and amateur courses and is well



Rosemary Alexander at Sandhill Farmhouse in the vegetable garden

worth exploring.

For further details contact:

**English Gardening School**  
**Chelsea Wharf, 15 Lots Road,**  
**London SW10 0Q**  
**Tel: +44 (0) 20 7352 4347 or visit:**  
**www.EnglishGardeningSchool.co.uk**

### The winner of September's Carluccio's Competition is:

Gerard Codd, from SW7

Correct answers:

Piave

Padraccio

Parmigiano Reggiano

Pecorino Toscano

## ALERT TO RESIDENTS

### Daylight Robbery by Motorbike-Bandits in the Heart of Chelsea

Mid-afternoon, in bright broad daylight, in Chelsea's Elm Park Road, a local resident was assaulted with a knife in an attempt to rob her of her watch and jewellery. The attack was prevented by a witness's siren-like screams, directed at the muggers out of a resident's window, provoking the release of the victim and the assailants' swift departure on a stolen motorbike.

The Police Officer attending the incident, Daniel Cutting from Notting Hill Gate's

Police station, commented that it was important for residents to be vigilant to this type of incident. The motorbike-bandits drive around the Borough stalking targets to take advantage of. They approach the victim, leaving their stolen motorbikes slightly ahead of the street where their subject is walking. The co-assailant remains on the bike, ready to drive away from the scene of the crime when the pillion passenger has committed the assault.

## Chelsea Arts Club Celebration



Photograph by: Elizabeth Zeschin

On September 18 at 11 o'clock in Chelsea Old Church, Cheyne Walk, Evelyn Saba the Chelsea Arts Club's stalwart Deputy Secretary managed to pull off something that even The Reverend Canon David Reindorp has not been able to achieve to date.

The aisles in the Church were bursting at the seams with Arts Club members wanting to witness her marriage to Guisha Cantacuzene-Speransky. Even the Reverend Canon could not hide his surprise at the well-groomed attire of the exalted congregation standing before him. He commented:

"I never realised that Chelsea Arts Club members could 'scrub up so well'."

Reverend Reindorp went on to say that Henry VIII, the Church's most famous bridegroom, had stood in the aisle with his third wife Jane Seymour; however, he hoped that this was one example of moral ground that the newly wed couple would not follow. Henry VIII's daughters Queen Mary and Queen Elizabeth also worshipped at the Church as did his niece Lady Jane Grey, "the nine day Queen", who succeeded young Edward VI.

The reception was preceded by a procession

of musicians who led the bride and bridegroom and the congregation back to the Chelsea Arts Club. For Evelyn, organiser of over 200 events for the Club each year, this occasion was no less successful. It was heralded by glorious sunshine, mirth, laughter, food and some of England's most talented and esteemed artists, writers, musicians and poets.

Many congratulations to one of the hardest working women in the Borough and her new husband.



Photograph by: Hugh Gilbert www.hughgilbert.com

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## Harvest at the Tangerine Cafe, Chelsea Physic Garden, Chelsea



**T**he Tangerine Café is as close to 'godliness' in terms of its surroundings as it is to its cuisine. The Cafe can be found in the heart of Chelsea's Physic Garden, at 66 Royal Hospital Road, SW3.

Much has been written about this food haven surrounded by healing and nurturing plants and herbs. Run by caterers Limpet Barron and David Hughes the Café offers a nutritional and exquisite selection of dishes to feed both eye and mouth and to suit even the fussiest of diners' tastes.

The menus change daily to reflect seasonal produce changes as well as the markets' best value and quality offerings. Here you will find some of the most creative salads and innovative cakes in the Royal Borough.

Regular dishes include: savoury tart made of goat cheese, gruyere and sun dried tomato, all sharing the thinnest and crispiest of pastry. Salmon is served en-croute with stem ginger and currents. The abundantly coloured mixed salad platters would sit just as happily as works of Art

in the Tate Modern. Ingredients include: peas, endamame beans, green and yellow courgettes with chopped mint or Umbrian lentils with squash, gold and purple beets dressed in red wine vinegar, olive oil, balsamic grain mustard vinaigrette and a refreshing salad of water melon with feta cheese, black olives and flat leaf parsley.

Hot dishes include: Veal saltimbocca with sage and mustard mash, Aberdeen Angus rib-eye steak with gigantic Portobello mushrooms, horseradish cream and tiny fried potatoes. Then there are the irresistible scallops and monkfish, skewered and adorned with puy lentils, mango, pineapple, chilli and mint salsa, causing a riot of taste and texture sensations. Cod with chick peas and chorizo is top-hatted with aioli.

The puddings are no less glamorous. If pastry chef Limpet Barron and her fresh baking skills could be cloned obesity would reign in the Royal Borough of Kensington and Chelsea. She offers no mercy with her ingredients, catering to even the most dessert shy customers' taste. We ate our way through all of these: fig and almond tart with fresh thyme and honey, Tunisian citrus almond cake, orange and polenta cake, lemon tart made with Amalfi lemons, Sacher torte decorated with crystallised violets, Jamaican ginger cake, zucchini and walnut cake and a lemon sponge so tasteful that it could ruin diners' appetites for any other dessert menus.

Opening times for the Garden and Cafe are from 1st April to 31st October. The Café opens at noon, hot lunch is served from 12.30 – 3.30 and teas are served until 4.45. on Wednesday, Thursday and Fridays, and until 5.45 on Sundays and Bank Holidays.

The Garden is for hire for private functions and Tangerine Café will happily help you with any of your catering and floral requirements.

**For private catering for Café in season telephone: 020 7349 649 6464**



*The Tangerine Cafe owners David Hughes and Limpet Barron*

### EXTERNAL CATERING

**Tangerine Cafe** also caters for external events both corporate and private including canapé receptions to more formal sit down meals. Parties from 20-200+. Contact: 07983 251458.

### The Chelsea Physic Garden

#### The Garden's Patron:

**HRH The Prince of Wales KG KT GCB OM**

The Physic Garden was founded in 1673 by the Society of Apothecaries of London in order that their apprentices could grow, learn and study the uses of medicinal plants. In 1712 Hans Sloane bought the Manor of Chelsea from Charles Cheyne and took over the freehold of the garden. Sloane was knighted in 1716 and became President of the Royal Society and the Royal

College of Physicians. He was sympathetic to the Apothecaries granting them a lease on the land for a rent of £5 a year in perpetuity on condition it be forever kept up and maintained as a Physic Garden. When Sloane died, aged almost 93, his collection of curiosities and his vast library became the nucleus of the British Museum, later moving to the Natural History Museum. Sloane's name lives on in local streets such as Hans Crescent and Sloane Square, and the rent of £5 per annum is still paid to his heirs.

Entrance Fee to the Garden is £8. Annual membership is £32

**The Chelsea Physic Garden  
66 Royal Hospital Road  
Chelsea  
London  
SW3 4HS**

## Babylon Restaurant - Kensington Roof Gardens

by Tom Aslanian



**W**henever I come across somewhere new, or even somewhere not so new in our Borough, which serves a really good traditional Sunday lunch, I make sure to add it to my little black book and this is exactly why I want to tell you about the Babylon Restaurant at the Kensington Roof Gardens, one of Richard Branson's Limited Edition portfolios of ritzy hotels and restaurants.

The menu is very versatile catering to most Roast Sunday Lunch fans' needs: leg of lamb, pork belly, rump of beef, and chicken. All are served with roast potatoes, gravy, and seasonal vegetables. But fear not if this is not your bag. There is also a delicious vegetarian risotto as well as a sautéed fillet of black bream. You may wish to preface your lunch with one of their Bloody Marys. There are seven varieties to choose from, catering to a broad brush of tastes,

the ultimate being the Bloody Luxury, a truly decadent mix of the finest quality ingredients including truffle oil, finished with gold, and holding the equally decadent price of £25.00.

Service is brisk and efficient, directed by one of the Borough's legendary Maitre d's, Peter Avis, who deservedly won Restaurant Manager of the Year award in 2009. To top it all you have the most spectacular view across these extraordinary rooftop gardens and the breathtaking panorama that is our Capital city, beyond.

Babylon opens for lunch, 12 noon until 3pm (last sitting at 2.30) Monday to Sunday inclusive, and for dinner 7pm until 11pm (last seating at 10.30), also Monday to Saturday. Prices per person: 2 courses from £25 or £28 for three courses. House wine £21.

For reservations Tel: 020 7368 3993.

## 'Ken's Views of Chelsea'



"Looks like the latest Damien Hirst has arrived."

[www.dongrant.co.uk](http://www.dongrant.co.uk)

## Afghanistan Hero honoured on 'The Soldiers' second album

'The Soldiers', Lance Corporal Ryan Idzi, Staff Sergeant Richie Maddocks and Sergeant Major Gary Chilton, sang at Pryors Bank Café, Fulham, South-West London, on October 1st in support of ex-service personnel.

Pryors Bank Café was opened in July 2008 by the Sir Oswald Stoll Foundation, with the aim of getting former homeless ex-servicemen and women back into a working environment. The café is located in Bishop's Park by Putney Bridge. All profits go back to the Foundation which provides housing and support for vulnerable and disabled ex-service personnel, particularly those who have been homeless. 'The Soldiers' have donated £8,000 towards new equipment for the Café on behalf of their production company CPW.

'The Soldiers' performed two songs — 'Coming Home' from their debut double platinum album and 'Letters Home' — the first single to be taken from their new album 'Letters Home', released on 25 October. The



lyrics to 'Letters Home' were written by Guardsman Tony (Neil) Downes who died on active service in Afghanistan aged 20. Many serving soldiers compose a 'last letter' to their loved ones which are only opened in the event of their death. The lyrics were put to music composed by Nick Patrick and Jeff Chegwin.

Lesley McGinty, Fundraising and Marketing Manager, Sir Oswald Stoll Foundation said: "We are delighted that The Soldiers have chosen to support the Sir Oswald Stoll Foundation.

We are immensely proud of Pryors Bank and the work it does to help our residents back into work. We really appreciate that The Soldiers want to spend time with our apprentices at Pryors Bank. As serving soldiers they have an awareness and understanding of the issues that those in the Forces have to face."

Warner Music UK Limited will contribute 25 pence from each sale of the digital download single 'Letters Home' (release date 18th October), to the Downes family.

### Letters Home

by Jeff Chegwin, Jake Hook and Nick Patrick  
Words by Guardsman Tony (Neil) Downes

*I'm sorry to put you all through this  
I'm sorry there was no last kiss  
Cos I love you  
Beautiful  
I will love you always  
Don't cry you  
I know you'll have a wonderful life  
Don't cry  
You'll always be the apple of my eye  
Cos I love you  
Beautiful  
I will love you always  
Cos I love you  
Beautiful*

*I will love you always  
I'll see you again  
I'm up in here in heaven  
You're free to start again  
My love will never end  
I'm sorry to my family and my friends  
I thought I would leave you with a few words  
again  
I love you  
Beautiful  
I will love you always  
I love you  
Beautiful  
I'll always love you  
Always  
I love you  
Beautiful*

## Call for permanent memorial to remember the sacrifice made by 21 soldiers in the Battle of Saragarhi

**O**n 12th September 1897, 21 soldiers from the 36th Sikh Regiment of British India defended their army post against 10,000 tribesmen in the Battle of Saragarhi, fought during the Tirah Campaign, in the North-West Frontier Province, now part of Pakistan.

The 21 brave Sikhs from the 36th Sikh regiment fought to the death and in doing so delayed the tribesmen long enough for reinforcements to arrive and defend nearby forts.

The call for a permanent memorial to remember the sacrifice the Sikhs made was held in the National Army Museum, Royal Hospital Road, Chelsea, September 10th to mark Saragarhi Day (Sunday September 12th) and was supported by prominent members of the Sikh community and the former head of the British Army.

His Honour Judge Sir Mota Singh QC, the UK's first Sikh and Asian judge said: "The bravery shown by these soldiers is unbelievable and it is important that their sacrifice is remembered. The creation of a memorial to these 21 soldiers will act as a permanent reminder to us all of this famous battle. We are asking the government to formally recognise the sacrifice made by these 21 Sikhs soldiers." Judge Mota Singh was knighted in the Queen's New Year Honours List for "services to the Administration of Justice, Community Relations and to the Voluntary Sector"

Field Marshal Sir John Chapple, former chief of the general staff, commented: "Sikh regiments have played a hugely important role in the British Indian Army and the soldiers who laid down their lives at the Battle of Saragarhi were immensely brave. The Battle of Saragarhi is not well known but is an extremely important part of history and should be remembered and thanks paid to the soldiers and their families."

Broadcaster, Dr Indarjit Singh CBE, who is also backing the campaign, added: "Such



episodes in history are important in that they both inspire and help us reflect on how such courage can help us face the future. Recalling the historic episode of Saragarhi inspires us to do just this."

Pops from Glaswegian bhangra group Tigerstyle also added: "A lot of young Sikhs are unaware of role that Sikh soldiers have played in the British Army, and particularly at the Battle of Saragarhi. This monument will not only allow us to remember these 21 Sikh soldiers but all Sikhs who have fought alongside the British Army."

A campaign, coordinated by the Anglo Sikh Heritage Trail, is launching a competition for the art world to win the commission for the memorial. The campaign is also asking the government to officially recognise the battle and its crucial role in British history.

The 21 Sikh soldiers who sacrificed their lives were posthumously awarded the Indian Order of Merit, the highest gallantry award of the time that an Indian soldier could receive.

Saragarhi Day is marked by a series of events across the UK to recognise the enormously

important role in the British Army that Sikh soldiers have made in the past and continue to make today. These will include presentations to descendants of soldiers who fought in the Tirah Campaign, in the North-West Frontier Province.

When the gallantry of Saragarhi was recounted it led Queen Victoria to comment: "The British, as well as the Indians, are proud of the 36th Sikh Regiment. It is no exaggeration to record that the armies which possess the valiant Sikhs cannot face defeat in war."

The campaign is also urging people to pledge their support by logging onto Facebook and searching 'Saragarhi Tradition Never Dies'.

### The Battle of Saragarhi

The 36th Sikh Regiment of the British Army was created on 20th April 1894, with five companies sent to the North West Frontier in 1897 and stationed at Samana Hills, Kurag, Sangar, Sahtop Dhar and Saragarhi.

The North West Frontier Province was a volatile area where the British had gained partial

control. A series of forts were constructed with two of the forts at Fort Lockhart, (on the Samana Range of the Hindu Kush mountains), and Fort Gulistan (Sulaiman Range). Positioned a few miles apart they were not visible to each other, therefore Saragarhi was created midway, as a heliographic communication post.

In 1897 an uprising by the tribesmen began and they made several efforts to capture the forts. On September 12, 1897, 10,000 tribesmen attacked the signalling post at Saragarhi, so that communication would be lost between the two forts.

Led by Havildar Ishar Singh, and with no reinforcements on hand, the soldiers decided to fight to the last to prevent the enemy reaching the forts.

Bhagwan Singh was the first casualty and despite being seriously wounded, Lal Singh and Jiwa Singh carried the dead body of Bhagwan Singh back to the inner layer of the post. In an act of outstanding bravery Ishar Singh ordered his men to fall back into the inner layer, whilst remaining to fight. However, all but one of the defending soldiers were killed, along with many of the tribesmen.

Gurmukh Singh, who had communicated the entire battle to Col. Haughton, positioned at Fort Lockhart, was the last Sikh soldier standing. He is stated to have killed 20 Afghans, with the tribesmen having to set fire to the post to kill him. As he was dying he was said to have yelled repeatedly the regimental battle-cry "Jo Bole So Nihal, Sat Sri Akal, which means "He who cries God is Truth, is ever victorious."

Having destroyed Saragarhi, the tribesmen turned their attention to Fort Gulistan, but they had been delayed too long and reinforcements arrived.

The tribesmen stated that they had lost 180 people in the battle, however some 600 bodies are said to have been seen around the ruined post when the relief party arrived.

## Interior Design your own home

**A**lice Constable Maxwell trained as a painter prior to working in the fashion industry. She obtained a diploma as an interior designer from the KLC School of design before becoming one of their tutors. Her painter's eye gives her a deep understanding of texture and hue, and how these affect atmosphere, moods and perception of space. Every project is challenging whether converting the darkest of basements into an elegant Georgian reception room or combining modern and antique pieces together, marrying seamlessly aesthetic and practical requirements.

In 2006 Alice started her own design company, ACM studio.

"I enjoy the architectural side of design and planning, working with colour, light and shape. Some clients may simply require a one-off consultation to help with colour ideas, or where to buy certain items. Others want recommendations where to find different trade suppliers, or to produce technical drawings and planning applications whilst others may require a whole build and interior transformation. Working with clients to help realise their home design requirements in

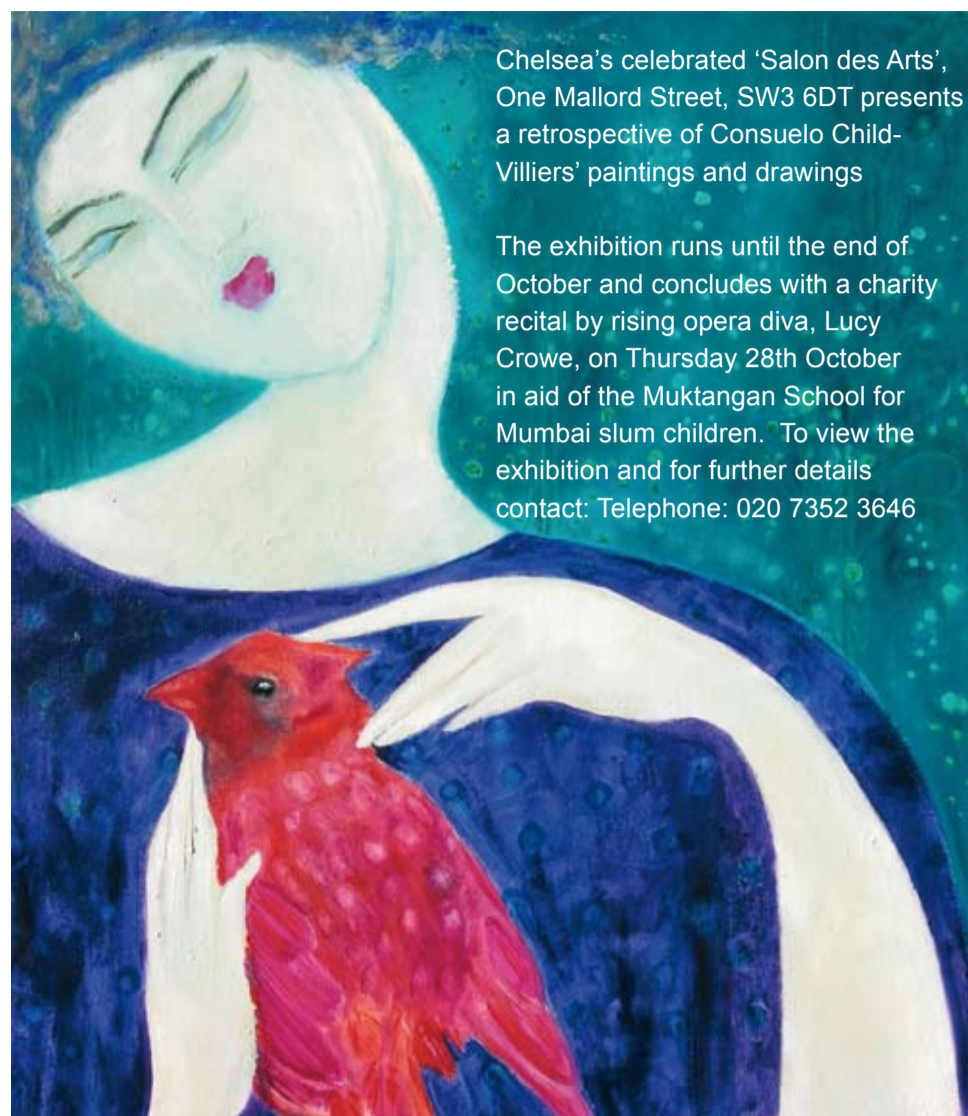


*Alice Constable Maxwell*

a relaxed and informal manner is one of my greatest pleasures."

Alice's clients include world-famous celebrity rock stars through to international bankers and individual home owners with the smallest of design requirement.

To contact Alice Constable Maxwell please Telephone: 020 8960 9898 ■



Chelsea's celebrated 'Salon des Arts', One Mallord Street, SW3 6DT presents a retrospective of Consuelo Child-Villiers' paintings and drawings

The exhibition runs until the end of October and concludes with a charity recital by rising opera diva, Lucy Crowe, on Thursday 28th October in aid of the Muktangan School for Mumbai slum children. To view the exhibition and for further details contact: Telephone: 020 7352 3646

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## Alice Constable Maxwell Interior Design

ACM Interiors are renowned for creating stylish London interiors. We are sensitive to existing architecture and refine our work and budgets to suit clients' needs. Our ability to work quickly and efficiently in a balanced mix of styles has gained us a reputation for originality and excellence.

Our comprehensive service includes: 'Interior Design Your Home', where we spend a morning or a full day talking through your project, followed up with 'Sketches and Schedules' to allow you to complete works yourself. We also offer 'Full Interior Design Service', where we carry out all building works, full decoration, sourcing and installation.

"ACM Interiors has transformed my house—producing an excellent result on time and within budget. Alice is a delight to work with—she is very artistic and nothing is too much trouble."

I am looking forward to the next project.' Alexandra Lloyd, Private Client

"ACM Interiors methods and team are impeccable. Throughout works to my house, they were respectful of my privacy and my needs, and I was kept informed about progress with clear costs and visuals"

**Prof. Marina Wallace, Central St Martins**  
Please contact us for more information:  
studio@acm-interiors.com  
Tel: 020 8960 9898

**www.acm-interiors.com**

*Out & About with Jemma Allett*

**GEALES, 1 Cale Street, Chelsea, SW3 3QT**



**Geales makes its mark on Cale Street, Chelsea, SW3 3QT**

Mark Fuller, John Garfield, Martin Davis and Andy Taylor made the opening of their new fish restaurant in Cale Street a night to remember with their spectacular opening party, on September 16.

Champagne cocktails, oysters, and fish and chips were in abundance throughout the evening which was enthusiastically supported by local residents and celebrities.

For reservations contact:

1 Cale Street, London  
SW3 3QT  
020 7965 0555  
[www.geales.com](http://www.geales.com)



# Chelsea, London SW3 3QT



## Kensington and Chelsea students given chance to use Olympic venue before the Games



School children from Kensington and Chelsea are being given a unique opportunity to try out adrenalin-pumping white water rafting for free at the Lee Valley White Water Centre – the only brand new London 2012 venue to open to the public before the Games.

The venue will host the four day canoe slalom event during the Olympic Games and is being constructed by the Olympic Delivery Authority, opening to the public next spring.

Newly launched the Lee Valley Regional Park Authority's Education Pledge gives one school group in Kensington and Chelsea the opportunity to ride the rapids for FREE a year before the Olympians.

The selected school children will be among the first to experience the thrill of white water before the Olympians arrive. They will join school groups from all London boroughs and Essex and Hertfordshire.

School children from across the region visited the site to meet world championship medallist and member of Great Britain Canoe Slalom team, Lizzie Neave and Captain of the Men's Senior Great Britain Raft team, Paskell Blackwell.

Paskell said: "I'm delighted to be supporting the Education Pledge. Not only will it let the students of Kensington and Chelsea experience a completely new and exciting sport, they'll be trying out a brand new, state of the art, custom-built facility that cannot be matched anywhere in the world. To be able to watch the Olympians on the TV having tried the course out first is quite something."

Lizzie said: "This is a fantastic opportunity for the nation's children to be involved in the build up to the Games and to inspire the next generation of Olympic hopefuls. Team GB is looking forward to training at this unique centre and we are all very excited about what we can achieve here on home soil during the Games."

Michael Rye, Vice Chairman of Lee Valley Regional Park Authority, said: "We are thrilled to be able to offer school children in Kensington and Chelsea the opportunity to experience a free white water rafting session at Lee Valley White Water Centre."

"Young people are at the heart of the Olympic legacy and will feature heavily in the programmes and activities we'll run across the four venues the Authority will own and manage following the Games. I'm delighted to invite schools from across London, Essex and Hertfordshire to sign up for the Education

Pledge - a unique opportunity to experience an early legacy for the Games."

Hugh Robertson, Minister for Sport and the Olympics, said: "This is a great opportunity for local children not only to experience a new sport, but also to get a flavour of the competition that will be happening on their doorsteps in 2012. Even better, those inspired by this opportunity will be able to use these state-of-the-art facilities after the Games, creating a real legacy for canoeing and rafting in the UK from the Olympics."

Kensington and Chelsea's Education Authority will be working with schools in the borough to select the lucky students who must be aged over 14.

The rafting sessions will take place as part of an Education Festival at the Lee Valley White Water Centre in June and July 2011. In addition to white-knuckle rafting the festival will see students learn about the venue and the Olympic and Paralympics' Games plus enjoy a range of activities such as orienteering in the stunning 1,000 acre River Lee Country Park surrounding the venue.

Lee Valley White Water Centre opens in spring 2011 and has two separate courses - a 300m Olympic Games competition course and a 160m training course, perfect for sports development. Lee Valley Regional Park Authority is working hard to ensure the centre will be an inclusive facility, used by a huge mix of people, from schools and community groups to medal-winning athletes and future hopefuls.

The centre is one of four London 2012 venues Lee Valley Regional Park Authority will run after the Games, including the Lee Valley VeloPark and Lee Valley Hockey and Tennis Centres. The Lee Valley White Water Centre will join the other regional sports venues the Authority owns to create a chain of sporting excellence along the 26 mile long, 10,000 acre Lee Valley Regional Park.

Lee Valley Regional Park stretches 26 miles along the River Lee from Ware in Hertfordshire to East India Dock Basin on the Thames. The Park's 10,000 acres comprise a diverse mix of heritage sites, nature reserves and open green spaces alongside world class sports facilities, attracting over four million visitors every year.

The construction of the Lee Valley White Water Centre includes funding from Lee Valley Regional Park Authority, the East of England Development Agency (EEDA) and Sport England.

## National Schools Film Week in Kensington and Chelsea 18 Oct – 22 October 2010

Teachers can book their **FREE** tickets on-line at [www.nsfw.org](http://www.nsfw.org)

**'ENGAGE, EMPOWER, EXPLORE'**

- Your local school children will be amongst young people going to the cinema free of charge throughout the UK during National Schools Film Week

- The Festival's goal is to support classroom teaching by providing schools with a powerful experience for their students that links directly to elements of the curriculum – supported by an on-line library of resources related to individual films and more generic topics – essentially an extension of the classroom.

- Over 400,000 students and their teachers attended the Festival in 2009 and this year the Festival, which operates on a scale and with a degree of sophistication unknown in any other country – 2,800 screenings at 570 cinemas across the UK – celebrates its 15th birthday.

Nick Walker, Director, National Schools Film Week

We hope that teachers and students feel engaged in the Festival and realise that attending a NSFw screening is far more than a nice trip to the cinema. We do this by giving schools added talks and on-line resources to contextualise the film; to empower teachers by giving them the opportunity to programme which films they feel tie in with school topics at their local cinema and finally to encourage students to explore new worlds by seeing films they wouldn't ordinarily choose.

Filmmaker, Danny Boyle [Slumdog Millionaire, Trainspotting]

I'm very proud to be a patron of Film Education and National Schools Film Week because I think it's important that people go to the cinema as soon as possible in their lives, and then keep going.

Filmmaker, Kevin Macdonald [State of Play, The Last King of Scotland, Touching the Void, One Day in September]

The Festival is a great way for schoolchildren to be able to see a wide range of important and interesting films, which enables them to learn the art of good story telling.

Film Critic, Mark Kermode

National Schools Film Week showcases a wonderful range of international movies, from

fantasy and animation to hard-hitting political dramas and insightful documentaries, which promise to capture the imagination of young people everywhere.

### PROGRAMME 2010

Chelsea Cineworld  
279 Kings Road, Chelsea SW3 5EW  
Mon 18 Oct – Princess and the Frog, The [U, 97]  
Tue 19 Oct – Marmaduke [PG, 87]  
Wed 20 Oct – Ice Age: Dawn of the Dinosaurs [U, 94]

Cine Lumiere  
Institut Français, 17 Queensbury Place SW7 2DT  
Tue 19 Oct – Haine, Le [Hate] [15, 98]  
Wed 20 Oct – Enfants de Timpelbach, Les [PG, 95]

Coronet Cinema  
Notting Hill W11 3LB  
Mon 18 Oct – Astro Boy [PG, 94]  
Wed 20 Oct – Dirty Pretty Things [15, 96]  
Electric Cinema  
191 Portobello Road 2ED  
Tue 19 Oct – Princess and the Frog, The [U, 97]

Gate Cinema  
87 Notting Hill Gate, Notting Hill W11 3JZ  
Mon 18 Oct – Volver [15, 121]  
Wed 20 Oct – Happily N'Ever After [U, 87]  
Thu 21 Oct – Double Indemnity [PG, 107]  
Fri 22 Oct – Astro Boy [PG, 94]  
Kensington & Chelsea  
Goethe Institut  
50 Princes Gate, Exhibition Road SW7 2PH  
All films introduced by a Goethe Institut Education Advisor [10 mins]  
Mon 18 Oct – White Ribbon, The [Das Weisse Band] [15, 144]  
Wed 20 Oct – Max Minsky and Me [PG, 94]  
Thu 21 Oct – Counterfeiters, The [Fälscher, Die] [12, 98]

Kensington Odeon  
263 Kensington High St W8 6NA  
Mon 18 Oct – Tale of Despereaux, The [U, 93]  
Tue 19 Oct – Monsters vs. Aliens [PG, 94]  
Wed 20 Oct – How to Train your Dragon [PG, 98]

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Wednesday	08.00 - 13.00	08.00 - 18.30
Thursday	08.00 - 18.30	08.00 - 13.00
Friday	08.00 - 21.00	08.00 - 18.30
Saturday	09.00 - 12.00	09.00 - 12.00

Please note: Barlby Road Surgery closed between 1-2pm for lunch

## To Evergreen Pastures

Anthony Gallagher and his brother Jonathan are founders of Easigrass. Their enthusiasm for their product is understandable and for London homes and flats it is easy to see why this versatile product is so popular. The brothers have been transforming gardens, pitches and playgrounds for 17 years.

It is ideal for the city. London home owners, who have little space outside, can have a low maintenance solution transforming their concrete, grey space into a fresh, eye-pleasing green. Ideal for roof terraces or balconies it is very family friendly for gardens as well as being soft under foot. It eliminates mud problems, lawn maintenance, and a shock absorbing fitting can be laid underneath providing a safety measure for children if they fall.

Anthony Gallagher says "Easigrass has made quantum leaps in the last few years and our product is now very like the real thing. We even exhibited at the Royal Horticultural Show which was a huge testimonial to how life-like and versatile our product is. Easigrass was rolled inside the interior of a cave—it was the first time in 148 years that the RHS has allowed the use of artificial grass within a show garden.



It brings outdoors into indoors; the Oxo Tower, for example, now has an Easigrass lawn for its customers".

**Easigrass Gardens Ltd**  
**Barn Elms Sportsground**  
**Queen Elizabeth Walk**  
**Barnes**  
**London SW13 0DG**  
**Tel: 0845 094 8880**  
**Website: www.easigrass.com**

## Halloween is Turnip Time!

October heralds the start of Autumn and the start of the big garden tidy up. It also sees the end of the sowing season, although you should still be able to harvest root vegetables planted earlier in the year – carrots, swedes, first parsnips and first celeriac, plus pumpkins and turnips - both of which have a role to play in this month's big event ... Halloween.

Halloween was originally a pagan holiday honouring the dead and can be traced back to the Druids. It's held on October 31st which is the last day of the year in the Celtic calendar and was referred to as All Hallows Eve – the evening before All Saints Day that was created by the Church to convert pagans. In traditional Celtic Halloween festivals large turnips were hollowed out, carved with faces and placed in windows to ward off evil spirits. The carving of pumpkins for Halloween comes from North America where pumpkins are readily available and much larger, making them easier to carve.

Aside from Halloween preparations, October is a particularly good time of year for planting larger plants, trees, shrubs and conifers. In fact conifers come in a vast range of colours and many change shade during the year. Careful selection can give a great splash of colour in Autumn and Winter when most other plants are dormant. Size is determined by variety and not by size at the planting stage. Most plants you buy in your local nursery or garden center will have a 10-year height guide as part of their description. Growth rates also vary with some growing quickly straight away and needing to be kept in check, others are very slow for a time and grow very rapidly, and some barely grown more than 2cm a year. The colour, structure and style of conifers make them suitable for all types of garden—they need little attention and will provide all-year-round display. They are also pretty disease resistant, virtually maintenance free, need just a little loving during really cold spells and will perform for years to come. The Easy Guide to Growing Conifers – produced by the Horticultural Trades Association together with the RHS – is essential reading for anyone planning conifer planting. Visit your local garden centre to pick up a copy of the guide.

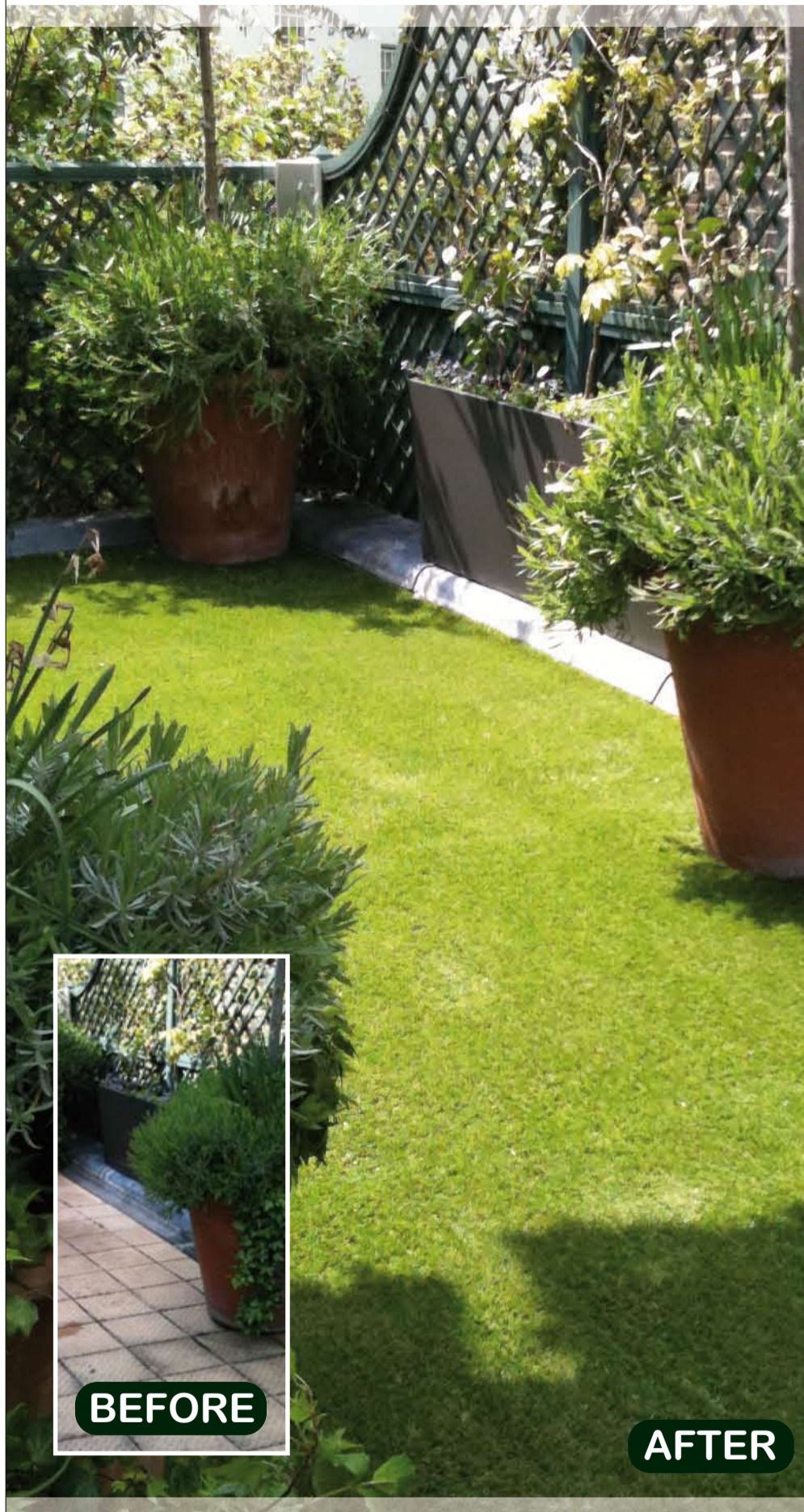
This month is also the last chance you will



have before Winter to plant up shrubs and you should also think about moving any shrubs that were in a hot position to a cooler part of the garden if they have suffered during the Summer. Beech hedges can now be clipped, but for evergreen types you will need to wait until Spring. If you are dreaming of a display of colour for the Spring then now is the time to plant your bulbs and tulips are always a seasonal favourite. They require a sunny spot and do very well in containers or borders. However, before planting into your border give it a bit of tender loving care. Many of the flowering plants can be cut back down virtually to ground level and you should pick through the border with a fork taking out any weeds. A good hoeing will help aerate the soil and a general tidy up with a little bit of cosmetic pruning just to dead head is also a good idea. You should also prune back rambling and climbing roses at this time of year. A good pair of secateurs is vital—they don't have to be costly but they need to be sturdy and strong and ones that fit into the palm of your hand. You can treat yourself to a new pair by using some of your National Garden Gift Vouchers when visiting your local garden centre or nursery.

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## Public Notices

**NOTICE OF APPLICATION FOR THE GRANT OF A PREMISES LICENCE**

Notice is hereby given that Sipp London Limited of The Pines, Boars Head, Crowborough, East Sussex, TN6 3HD has applied to the Royal Borough of Kensington and Chelsea for the GRANT of a Premises Licence for:

i) The sale and supply of alcohol for consumption on and off the premises;

ii) Standard operating hours to be: Mon-Wed: 10hrs to 21hrs; Thurs-Sat: 10hrs to 23:30hrs; Sun: 12hrs to 18hrs

For the premises (unnamed) situated at Ground Floor – 203 Brompton Road, London, SW3 1LA.

A register of licensing applications is held by the Licensing Authority and can be inspected at <http://www.rbkc.gov.uk/environmentandtransport/licensing/licensingregisters.aspx> or at Council Offices, 37 Pembroke Road, W8 6PW, tel. 020 7341 5152, by appointment with the Licensing Team between 10am and 4pm Monday to Friday.

Any person wishing to submit representations to our application must give notice in writing to Licensing Authority address shown above, giving in detail the grounds of objection by October 28, 2010.

The Council will not entertain representations where the writer requests that his identity remains anonymous. Copies of all representations will be included in the papers presented to the Licensing Sub-Committee and will therefore pass into the public domain. Representations must relate to one of the four Licensing Objectives: the prevention of crime and disorder, public safety, the prevention of public nuisance, and the protection of children from harm. In the case of an application for a provisional statement, please note that representations will be restricted once a statement has been issued.

It is an offence liable on conviction to a fine up to Level 5 on the standard scale under Section 158 of the Licensing Act 2003 to knowingly or recklessly make a false statement in connection with this application.

**NOTICE**

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## New Walk-in Medical Clinic in Earls Court

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Our niche in the private medical business market offers value, quality and prompt service. We arrange doctor visits within 1 hour wherever possible.

Our doctors are chosen on the basis of qualifications, experience, and personality as well as on the distance they are from our clinic. We feel it is very important that patients are seen promptly and that they feel comfortable with their doctor. We provide ample time for discussion with patients about their treatment. Our normal consultation or visit duration times are approximately 20 to 25 minutes depending on the complexity, and, in some cases more time is provided.

We have recently started a 'Walk-In' service between 7 pm to 10 pm in Earls Court due to enquiries received from pharmacists and patients. These opening hours

have been introduced to suit working client needs. Many GP's are not available during these hours and repeat medication and other medical necessities cannot be accessed during after hour GP surgery times.

With our services they can just drop in and see a GP straight away.

Due to the credit crunch, we realise that not everyone can afford to pay for private consultation when their normal GP surgery is closed. However, many people need immediate medical attention and are not willing to wait 3 to 4 hours in A&E, and in-line with this we have reduced our standard charge of £85 to an affordable £45 for our 'Walk-in Clinic'.

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This new service will be monitored closely and there is a strong possibility that the service will increase its hours and may run throughout the night in future.

**24/7 Zafash Doctors**  
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# BAXTERBEAR ON PARADE: 'SMALL BEAR WITH BIG STORY' ENLISTS AS MILITARY SHOW MASCOT

A furry phenomenon making lots of friends among military, medics and movie-makers alike is to take a leading role in one of London's most dramatic productions this year.

Baxterbear has been named mascot for the British Military Tournament, which is being held in early December.

The show, featuring cavalry charges, marching bands and even a re-enactment of recent combat events in Afghanistan involving British forces, is being staged in aid of ABF The Soldiers' Charity.

It caps a remarkable year for Baxterbear, who has been seen on the battlefield and become the focus of attention by film studios wanting to bring his story to the big screen.

The account of how he survived a harrowing adventure during World War II captured the studios' imagination after they learned it had become an inspiration to current-day soldiers.

A reconnaissance plane piloted by his owner was shot down over the Burmese jungle and they were both left suspended by parachute from trees for five days before being rescued by Gurkhas. Together, they managed to escape to India, where both pilot and bear spent many months recovering from respective injuries.

Since Baxterbear's story came to light 18 months ago, psychologists around the world have credited it with helping children overcome behavioural difficulties.

Baxterbear has also become a significant fundraiser, helping generate more than £20,000 for various charities. Small Baxterbears were carried by members of the Coldstream Guards during a 425-mile hike from the Scottish borders to London in January.

A seven-foot tall version of Baxterbear also headed out to the Helmand province of Afghanistan in September as mascot of the Royal Highland Fusiliers, 2nd Battalion Royal Scottish Regiment. After regularly seeing Baxterbear on the kitbags of Coalition forces on operations throughout Afghanistan, military top brass saw his potential for providing a link between the soldiers and their families at home.

Baxterbear's PA, Daisy Tate, said his selection as mascot for the British Military Tournament was an honour. "We are delighted to be playing our part in what is sure to be not only incredible



entertainment but a wonderful means of supporting our armed forces.

"It has been an amazing year during which the appeal of Baxterbear has spread by word of mouth around the globe. It's humbling to imagine how soldiers, doctors and others believe his story provides both comfort and inspiration to those facing difficult circumstances - whatever and wherever they may be."

In addition to the British Military Tournament, which takes place on 4th and 5th December, Baxterbear will be mascot for the Haileybury Military Tournament on July 3rd next year, which is also being held in aid of ABF The Soldiers' Charity.

As well as being on sale at the Earls Court Tournament, Baxterbear, together with a choice of story book can also be bought from <http://www.baxterbear.com> for £10 + post and packaging.

Correspondence address

Baxterbear Ltd, Suite 6, 196 Rose St, Edinburgh, EH2 4AT Scotland UK.

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